



curriculum vitae

Jennifer Southgate

Certified HANDLE® Practitioner, BA HED

Jennifer is one of two certified HANDLE® practitioners in SA who has completed the advanced HANDLE® training and is affiliated with the HANDLE® Institute.



Education

2004 - Present: Certified HANDLE® Practitioner - Advanced Level Training

Courses Include:

Introductory Workshop

This 12-hour introductory class provides clear insights into the neurodevelopmental roots of many dysfunctions found in people of all ages, as well as equipping the individual with practical ideas for application. ADD/ADHD, sensory integration disorders, learning disabilities, obsessive compulsive disorders, cerebral palsy, anxiety disorders, learning disabilities etc., are the labels often used to describe behavioural and academic challenges that many people face. HANDLE® helps you see beyond labels and gain an understanding of the underlying causes of these behaviours.

Intermediate Training Course

Acceptance by application only.

Prerequisite for Advanced Training.

Building on what is learned in the Introductory Workshop, this course increases the individual's knowledge and understanding of HANDLE®. Participants learn how to use the HANDLE® Screening Tool to identify neurodevelopmental differences that affect learning and behaviour for individuals aged five to adult, whose primary concerns relate to academic and/or social learning. To enhance the functioning of those screened, participants learn additional activities and complementary approaches. Upon successful completion of the course, practical component and take-home exam, the participant is eligible to become a certified HANDLE® Screener.

Advanced Training Course

Acceptance by application only.

The Advanced Course is an intensive 120-hour class covering theoretical and applied neurodevelopment. During and after the class sessions, each participant receives additional guidance regarding resources to enhance their learning and may also participate in study groups and guided tutorials. In preparation for this course, those registered will receive a reading list to complement their knowledge base in the many disciplines and approaches that are an integral part of a holistic systems approach. Prior to entering the Internship, each participant is evaluated and given a programme to increase his or her efficiency and understanding of the HANDLE® process.



tel 021 531 5899 | mobile 083 444 4554 | fax 086 518 9251

address 44 Union Avenue, Pinelands 7405 | email jen@mindstretch.co.za | www.mindstretch.co.za

Internship

Prerequisite is successful completion of Advanced Training.

The internship involves a minimum of 150 - 200 hours of clinical experience, beginning with observations and terminating after successful assessment, profiling, programming, presentation of results and guidance through six months of a treatment programme for at least four clients. It is designed to incrementally build the intern's skill and competency in applying HANDLE®. Successful completion of the internship allows the participant to submit their take-home exam and apply for certification as a practitioner of HANDLE®. Certification may be sought for specific age levels and areas of dysfunction and expanded with experience and continuing education.

Zulu Teacher - Grades 1-7 Johannesburg 2001 - 2004.

Director of Lifestyle Promotions cc 1995 - 1998.

Natal Heart Foundation - Conducted educational seminars 1992 - 1995.

Higher Diploma of Education - University of Natal, Durban 1991.

Bachelor's Degree - University of Natal, Durban 1990.

Organisations that recognise HANDLE® include:

Communicative and Supportive Teaching/Learning Environment (CASTLE), London, England.

Department of Social and Health Services, Seattle, Washington, USA.

Early Childhood Education Assistance Programme (ECEAP), Whidbey Island, Washington, USA.

Institute of NeuroPhysiological Psychology, Chester, England.

Keshev (early Childhood Intervention Programme), Hadera, Israel.

Neurotherapeutics, Oregon City, Oregon, USA.



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